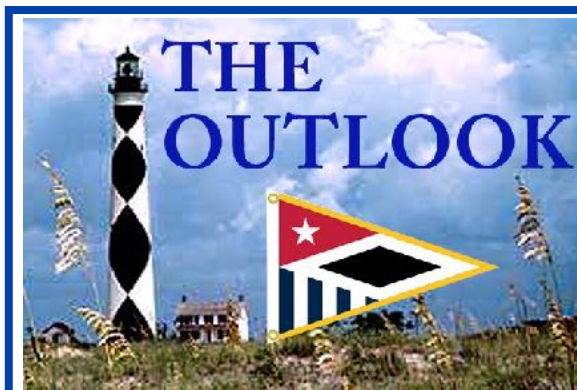




# AMERICA'S BOATING CLUB

New Bern

Cape Lookout Sail and Power Squadron  
September 2026 Volume 67, Issue 7

## Upcoming Events:

Monday, October 5, 1900  
**October ExComm Meeting**  
Via Zoom

Saturday, October 17  
**Chili Cook-off**  
Red Sail Park, Fairfield Harbour

Thursday, November, 12, 1800  
**November Dinner Meeting**  
Paula's Italian Restaurant



**Morning Session:** Gregg (bicycle repairman), John Kwak, Bev Ellis, Marty Warner, Duane Mixon, Tiki Warner, Bud Ellis, Clair Mixon, Ray & Linda Whitley.

**CLSPS Rest Stop #6**  
**Volunteers at the Historic**  
**New Bern Bike MS Ride**  
**September 19, 2026**



**Afternoon Session:** Lloyd Moore, Ray Whitley, Juli Voelker, Duane Mixon, Jane Moore, Tiki Warner, Lydia Ash, Linda Whitley, Bev Ellis, Clair Mixon

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SQUADRON BRIDGE**

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**Commander**  
**Bud Ellis, Jr., SN**



Once again, CLSPS has participated in another Community Service project that served a great need and enhanced our reputation out in the public eye. On Saturday, September 19, 2026, the New Bern Bike MS bicycle ride hosted over 1200 bicyclists from all over the country. These people were true athletes who rode their special bike from 10 to 100 miles, raising over \$1,400,000 for Multiple Sclerosis research. Several members of the Squadron served the event by running Rest Stop #6. Members were present from 0730 to 1400. While working through the day we probably saw 600 of the 1200 riders come through the rest stop. We served ice, water, Gatorade, pickle juice (for leg cramps), all kinds of snacks, and fruit. We had 2 nurses at the stop for first aid for blisters through dehydration. I bring one of the nurses to all our Squadron functions. Many of these fine riders thanked us for volunteering to serve them. We in turn thanked them for working so hard to raise the money to help put an end to a terrible disease. This is without a doubt our most important project of the year. It leaves a real feeling of accomplishment at the end of a long, tiring day. Take a look at Marty's pictures on the front page to see who was there. Next year, it would be nice to see your face in the picture.

On a sad note, word has just reached us that Donna Ibach, the wife of District Commander Bo Ibach, passed away this morning (19 September). Currently, arrangements are pending. Our thoughts and prayers go out to Bo and his entire family.

The Outlook and other great information are available at the CLSPS website:  
<http://www.clsps.org>

## Education Officer

Lt/C Duane Nixon, P



### Education Department Update

As the first hints of cooler fall weather begin to replace the heat of summer here in Eastern North Carolina, it's a great time to start thinking about the next leg of your boating education journey. Interest continues to grow in our advanced courses, and we're now working to confirm participation before setting schedules for both **Boat Handling** and **Advanced Marine Navigation**. Several members have already been identified as excellent candidates for these courses based on their experience and prior coursework. If you've been considering taking the next step, now is the time to let us know so we can finalize plans and get classes underway.

We're especially excited by the strong early interest in **Cruise Planning**, which will be taught by **John Kwak**. Current participants include **Annalee Ash, Lydia Ash, Clair Nixon, Duane Nixon, and Owen Smith**, with **Christine Zellers and her son** expressing interest in attending remotely while continuing their Great Loop adventure. To accommodate different learning preferences, we plan

to offer a mix of both digital and hard-copy course materials. If you are interested in joining the class, or have a preference on course materials, please reach out soon. We'll share dates and location details as they are finalized.

Don't forget to tell your friends or people you know that may be interested starting their boating education journey with **America's Boating Course**. We will be having the session at the Craven County Community College on November 7th and 14th. Interested parties can register at this location: <https://cravencc.edu/recreation-wellness>

Behind the scenes, your Education Team continues to prepare for the future. We will be attending a National Education Department **Instructor Preview** of the newly released **Advanced Marine Navigation** course, which replaces the former Advanced Piloting curriculum. This preview gives instructors an opportunity to learn how the course is designed and how it will be delivered to students. It's another example of our commitment to bringing the latest, highest-quality boating education opportunities to our members. As the boating season transitions into fall cruising weather, we encourage everyone to keep learning, stay engaged, and take advantage of the many educational opportunities ahead.

Fair winds and following seas!

Chairman, Vessel Safety Program  
P/C Owen Smith, AP



It isn't too late to have your vessel get a Vessel Safety Check sticker. Presently, 4 CLSPS members have supported the squadron by having their vessels checked. They are: Bill Ash, Bud Ellis, Duane Nixon, and Ray Whitley.

The current year for VSCs ends November 30. Either Lloyd Moore or me will be more than happy to check your vessel, just let us know. Our contact information is listed here in this issue of "*The Outlook*".

We currently have logged 33 completed Vessel Safety Checks with National.

**Administrative  
Officer**

**Lt/C Clair Mixon**



Hey folks! It's almost Chili Cook-off time. For a little history of the rich tradition of American Chili Cook-off:

For a half-century or so, chili-cooking competitions — known as cook-offs — have been a part of the American and world scene. The premise is simple: people get together and compete to see who can make the best pot of chili — that day.

The first cooking contest to get wide attention and publicity was the Pillsbury Bake-Off. It was started in 1949 and was known as the “Grand National Recipe and Baking Contest”. It was held at the Waldorf Astoria Hotel in New York City, and had a top prize of \$50,000. The only required ingredient for the contest was Pillsbury's Best Flour, and it was soon being called the Pillsbury Bake-Off.

Our chili cook-offs came along shortly after the first Pillsbury Bake-Off. There are some unconfirmed stories about competition among the Chili Queen vendors in San Antonio around 1900, but there is no solid evidence.

The first modern-day chili cook-off was held in October of 1952 at the State Fair of Texas in Dallas. (Until just recently it was pretty much given as

gospel that the first chili cook-off was held at Terlingua, Texas in 1967.

The recipe for the first winning bowl of chili is amazingly simple. It is nearly identical to the recipe found on the Gebhardt's Eagle Brand Chili Powder label of the day.



The second place winner at the 1952 affair was Mr. Julian Capers, Jr. Mr. Capers' recipe was a bit more complicated, but still simple by today's competition chili standards.

Competition chili judges don't want to see any chunks of onion or garlic in the chili, so the chefs either finely dice or pure these so they will disappear in the cooking process. Some favor onion or garlic powder.

So in the squadron we can't award anyone \$50,000 but I try to make a paper award that you are proud of.

The cook-off will be held at Red Sail Park, a community recreational park located at 761 Helm Dr, New Bern, NC 28560 within the gated waterfront community of Fairfield Harbour. It'll be under a pavilion and we do have electricity but bring an extension cord for your crockpot. There are awards for chili, cornbread and dessert so plan to bring any or all of those items. If you can't prepare a dish, please consider a donation of \$10 to the squadron but anyone is welcome to attend. Water, lemonade and tea will be provided. Any help with set up will be appreciated.

I'm working on coordinating a guest speaker for our next dinner/meeting at Paula's Italian Restaurant on Thursday, November 12 at 6pm. Let Linda know if you can attend.

Lastly, it's not too early to start thinking about Christmas. Our holiday gift exchange is always an event to look forward to. The Whitley's will host our annual holiday potluck and gift exchange. So help me thank them in advance, their lovely river front home is always a treat. As far as gifts, we're going to go with a theme of "Food/edible" items in our gift game so while you're out shopping this fall get creative with that, think nuts, chocolate, jams, cookies or restaurant gift cards!

## Booster Club

Only a small portion (about \$17) of our dues to USPS is returned to the Cape Lookout Squadron. Money collected from our members (50-50 drawing) helps defray the cost of our Dinner Meeting speakers and other incidentals (cards & flowers). We appreciate your help keeping our books in the Black.

\$10 a person is a suggested amount per year.

### 2026 Booster Club

**Ray & Linda Whitley  
Lloyd & Jane Moore  
Carolyn and Owen Smith  
Marty & Tiki Warner  
Elaine Lechner**

Happy Birthday  
to the  
Following Members



**September**

**Fort, Rhoda C. — 16 September**

## Bike MS. Historic New Bern Ride September 19, 2026

Our squadron volunteered to serve as Rest Stop Volunteers to provide water, ice, fruits and snacks to bike riders participating in the Bike MS Ride.

We were lucky, rain was forecast, but it never came. It was cloudy and a bit humid, but not hot. And very light wind. It was not a bad day for a bike ride! And you could tell: there were a lot of riders, and they rode pretty fast.

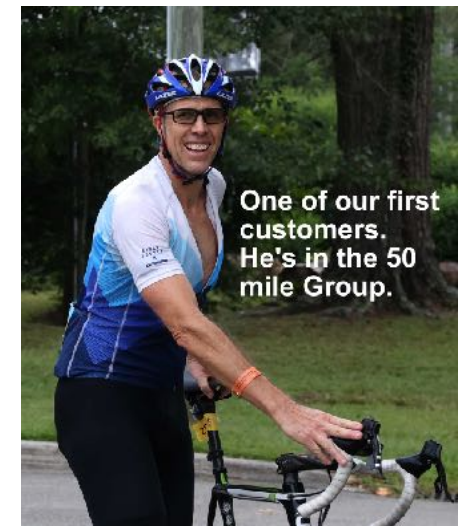
Our Rest Stop #6 was at the Bethany Christian Church in Arapahoe, about 25 miles from the Bike MS startline at Union Point Park in New Bern. We were one of the rest stops for 50, 75, and 100 mile road routes. The 50 milers knew they were about halfway when they got to our Rest Stop about mid-morning. The 75 and 100 milers starting coming by before noon. They had a lunch stop in River Dunes Harbor Club

I couldn't tell if a rider was on a 75 or 100 mile route. They were all still in pretty good shape, walking around to cool off and stretch their legs a little. They were all grateful to get some water and ice, plus some snacks and things like "Pickle Juice"—good to put off cramps.

The last rider came by about an hour earlier than the past few years—so it was a good day!

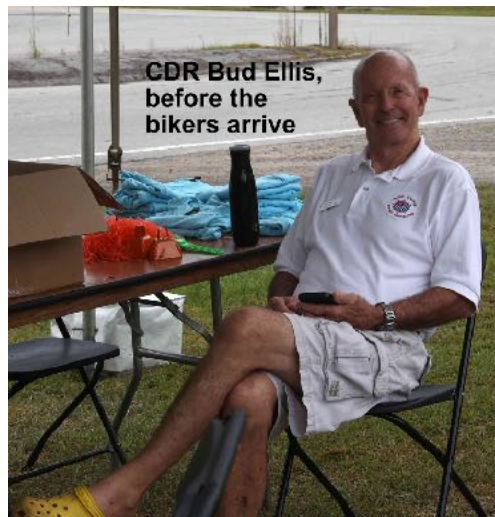
We had a “surprise” volunteer—Rebecca Wodesky, who had signed up with Bike MS, but they hadn't told us. She is an RN and with Bev Ellis acted as our Medical Team. We also had a Bicycle Repairman, Gregg, available to help any of the riders with bike problems. He fixed a few flat tires, but otherwise wasn't too busy.

At about 5-6 PM some of us went to Bike MS Headquarters at the Convention Center for drinks and dinner!



For tons of information about what's going on in our own District 27, take a look at their website:  
**District 27 of the United States Power Squadrons: <http://www.uspsd27.org/>**





P/C William J. Ash,  
SN, H



**P/C William J. Ash SN,  
EMERITUS  
Summer and the Salt Water  
Wedge**

“Horatio, have you noticed how life seems to resemble a roll of tissue paper? The closer you get to the end the faster it goes. I have not seen a summer go as fast as this one. While it was hotter than the dickens and dry as a bone, as uncomfortable as it was it has all but disappeared.

“Ordinarily, time, during periods of discomfort, seemed to take forever. Now, in my twilight years, it’s ‘poof’ and gone. Horatio, are you awake, are you listening?”

“Oh my, P/C, yes, I’m awake, but I’m trying not to listen to your rambling about time. Please, just accept it as it comes. There is nothing you can do about it. I’ll take a bit of that Campari, thank you.”

Well, Horatio was right, but my summer was different, I guess that’s the way I should put it. It was different. But come to think of it, a few things were the same.

For instance, the salt water wedge which came into the Trent River did so again this year as in the past two or

three. The lack of rainfall accounts for a slower and quantitatively lesser flow of fresh water. This enables the salt water from the Neuse to extend further up the Trent. I tried to explain this to Horatio and I believe I may have made a dent in his higher centers.

“Captain, just think of the surprise that chap on the pier had when he saw a large ray swim by. A ray, old man. Who would have thought a cartilaginous fish of this magnitude would make its way this far up the Trent. I’ll tell you something, Horatio. I’ll not put a toe into this river ever again. Just stop and think!

“There was the ray. Then you saw the chap catching spots off the pier. Spots are found in salt water. Real salt water, that is. We saw the school of snapper blue fish tearing up the bait. Where? Right off this pier.”

“Not long ago, Horatio, I was watching a television show about the ten most dangerous sharks on the planet. Wait, you were with me the evening. Remember, we thought the most dangerous shark would be either the Great White or the Tiger Shark. Not so, remember?”

“You have a point, P/C. We were wrong in our selection, and I do remember which one was considered the worst actor of all. Do you remember?”

“I sure do. The Bull Shark. That son-of-a-gun is found in salt and fresh waters, and everywhere in between. Sharks have been seen feeding off Union

Point Park fairly recently. I don’t recall the type, but there they were.

“Enter the Bull Shark. Silently, it makes its way up the Trent and following schools of Striped Bass and Drum. There’s P/C Bill Ash, SN, H, standing up to his neck in the water trying to determine if the propeller on the motor of the *Jolly Tar* is fouled with marine Life. By the skin of my teeth I’m lucky to escape the jaws of the Bull Shark. It took an Olympic Gold Medal vault out of the water to come home free. This is hypothetical, but I’ll bet these critters, considered to be the most dangerous of all sharks, are in our waters. I’m not going in the water at my age.

“Another thing Horatio, and this is not hypothetical. The propeller and the lower unit on the engine had about ten pounds of mussels stuck to it. Anti-fouling paints are not working as before. Evolutionary changes in mussels?”

“Mariners need to be aware that the salt water wedge which has again slipped up the river provides a great environment for these blasted critters to reproduce and grow. Tri-butyl- tin cannot be used in anti fouling paints. The mussels are thriving. Anyway, where did the summer go, old chap?”

A  
SPOT





**Cape Lookout Sail and Power Squadron  
November Dinner Meeting, Thursday, November 12 1800  
Paula's Italian Restaurant  
Guest Speaker to be announced  
Meal is: Order off the Menu**



Please contact Linda Whitley at [lindaswhitley@gmail.com](mailto:lindaswhitley@gmail.com) or 301-651-2445 text – by Monday, November 9th with the number off attendees in your party in order to notify restaurant.

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**Calling For Any and ALL nominations for the '27/'28 CLSPS Bridge.**

If you would like to be a member of the Officer's Bridge this coming year, please speak with Lydia, Jane or Lloyd at your earliest convenience. Discussions are underway for the slate of officers and we do not want to miss any chance to put names

forward for our upcoming year! I know we're all busy, but it is critical that we get this slate together prior to the next meeting as we will be rushing into the holidays!

Thanks for your attention to this announcement!

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**September Dinner Meeting  
September 10, 2026**

Commander Bud Ellis swears in new members  
Chris Bare (left) and Dan Turbitt.



## Ships Store Inventory

**5 x Base Ball Caps:** White with CLSPS Logo.  
In Stock \$15.00

**Knit Polo Shirts:** Ladies short sleeve knit shirts -Navy w/CLSPS 50th Anniversary \$15  
1 X Small  
2 X Medium  
1 X Large

**9 X Squadron Burgee** sells for \$30.00.  
In Stock. 12"x18"



**6 x Pennant magnets** are priced at \$5. They can be placed on your vehicle or refrigerator.

**1 x Reflector Safety Vest** — ABC Geodetic Marker Recover Team, Size L, \$30.00

The inventory on hand has Cape Lookout Sail & Power Squadron logo and United States Power Squadron logo, with CLSPS

The USPS National Ship's Store has new items with America's Boating Club® logo available. Check out their website: <http://store.shopusps.org/>

Contact P/C Jane Moore at [pc@clsps.org](mailto:pc@clsps.org) or 252-637-5547.

Articles in the Cape Lookout Outlook reflect the opinions of the authors. USPS is not responsible for editorial content. Readers' comments, suggestions, and contributions are welcome. Please contact any of the bridge officers.

**Please patronize our advertisers, and be sure to tell them you are from CLSPS and that you saw their ad in The Outlook.**

### NEW ADDRESS:

Members can update their information through the Member Portal. Please notify Lloyd Moore (252-571-2391) [Lloyd.moore@suddenlink.net](mailto:Lloyd.moore@suddenlink.net) if you have any changes to the information we have on file such as boat information, e-mail or mailing address, birthdays, telephone number etc. OR members can update themselves with iMIS Member Portal

Please provide information to the **Editor by the 20th of the month by e-mail** for the next newsletter. Late items will appear in the next issue of the Outlook. Marty Warner-  
[rwarnier4@ec.rr.com](mailto:rwarnier4@ec.rr.com)



**Lookout Editor. Lt Marty Warner**  
Photos in this issue are by the editor unless noted otherwise

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