



United States Power Squadrons®

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The Outlook



Cape Lookout Sail and Power Squadron, District 27

July-August 2019 Volume 60, Issue 7 CLSPS Website: <http://www.clsps.org>

Upcoming Events:

District 27 Rendezvous, Edenton, NC

Monday, September 9, 1900

CLSPS ExComm Mtg

Christ Episcopal Church

Library in the Parish Hall Bldg

Pre-Dinner: Morgans, 1730

Sat/Sunday, September 7, 8

Bike MS Volunteer Booth

See Cdr's & Exec's article

Monday, September 16

CLSPS September Dinner Meeting

The Chelsea Restaurant

1700 — Social Hour, 1800 —

Dinner, 1900 — Meeting

Reservation Form - Page 9

Saturday, September 21

Aids to Navigation Cruise

Morehead City

See Cdr's article

Sat/Sunday, October 12, 13

MumFest

See Cdr's & Exec's article



Roanoke Lighthouse, Edenton, NC

Photo by Cdr Jane Moore

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**CAPE LOOKOUT SAIL
AND POWER SQUADRON
BRIDGE**

Commander

Cdr Jane Moore, AP
6008 Booty Lane
New Bern, NC 28560
252-637-5547
jane.moore@suddenlink.net

Executive Officer

Lt/C K. Wayne Fretwell, P
2220 Caracara Drive
New Bern, NC 28560
252-288-4653
waynief@hotmail.com

Educational Officer

Lt/C Van Allen Rice, AP
314 Shoreline Drive
New Bern, NC 28562
252-631-1220
vanrice49@gmail.com

Administrative Officer

Lt/C Lloyd A. Moore, JN
6008 Booty Lane
New Bern, NC 28560
252-637-5547
lloyd.moore@suddenlink.com

Secretary

Lt/C Linda Whitley
4606 Helen Ln
New Bern, NC 28560
252 631-4083
lindacsw52@hotmail.com

...Treasurer

Lt/C Raymond Whitley, AP
4606 Helen Ln
New Bern, NC 28560
252 631-4083
raymond.Whitley-1@nasa.gov

Commander

Cdr Jane Moore, AP



We received good news from the District 27 Chair Barb Beers that four of the posters we submitted were winners in the “2019 Youth Poster Contest.” Lt Beers forwarded certificates for the winners and they will be presented when the students return to Epiphany School.

Lt Starr mailed the 1st place winning poster to be entered at the America’s Boating Conference in Louisville, KY in September. The posters are on D27 website, www.uspsd27.org.

It was a beautiful weekend for the D27 Rendezvous in Edenton on 21-23 June. Many Squadron members toured the Albemarle Carolina Classic Boat Co., enjoyed the reception at the Historic Penelope Barker House, participated in the flag ceremony on the waterfront and watched the Coast Guard MOB demonstration in the harbor. Chief Commander Gary Cheney and Edenton Mayor Roland Vaughan welcomed our D27 members. We had an afternoon of games, trolley tours and boat rides aboard the Liber-Tea and a delicious buffet dinner at the 1767 Chowan County Courthouse on Saturday evening.

The D27 Fall Council/Conference meeting of Titanic Proportions was promoted for the weekend of 11-13 October at the Hilton Garden Inn in Charlotte-Ayrsley, hosted by the America’s Boating Club of the Catawba. Registration information will be posted on D27 Website.

The America’s Boating Club of the Crystal Coast, Fort Macon Sail and Power Squadron, will have the 12th Aids to Navigation Cruise aboard the Carolina Princess, Saturday, 21 September 2019, Morehead City. The cost is \$60 for USPS/ABC members and \$75 for non-members. Seating is limited. Details and reservation form are available at www.abc-cc.org.

At our 15 July dinner meeting, our guest speaker, Michael Lee, from NOAA/Newport gave a very informative presentation and had many handouts regarding weather safety for the members.

P/C Jim Dugan will need volunteers for Bike MS on Saturday, Sept. 7, at Rest Stop 3, Florence-Whortonsville VFD25 from 7:30 am to 11:00 am. Please contact Jim at 252 637-5314 jimdugan@embarqmail.com if you can volunteer.

We will be hosting a booth at the New Bern Mum Fest the weekend of 12-13 October. Please let our Exec Officer, Lt/C Wayne Fretwell, know how you can help during Mum-Fest. Times needed are Friday, Oct. 11 at 5:30 to set up booth, Saturday Oct. 12 from 2:00 to 4:00 and 4:00 to 6:00 pm, and Sunday Oct. 12 from 10:00 am to noon and 2:00 pm to 4:00 pm. 4:00 pm Take down and return items to storage unit. Wayne can be reached at 252 288-4653 or waynief@hotmail.com. We will not have an Executive Committee meeting in August. We will meet again on 9 September at the Christ Episcopal Church Library at 7:00 pm. Have a safe summer.

Executive Officer

Lt/C Wayne Fretwell, P



With the super hot weather forecast Lloyd decided that it would be better to cancel the raft-up to watch the July fourth fireworks. I hope you all had an enjoyable July fourth in spite of the heat and found a place to watch the fireworks if that's your thing.

For the past ten years Richard Tobacco chaired the MS-Bike lunch stop for CLSPS. In my June Outlook article I asked for a chairman for the Bike MS event as Richard was not able to do it this year. I got no response—while we were inactive other organizations filled all the positions for the rest stops. We still would like for us to participate in this year's Bike MS as this is a very worthwhile civic event. Participation will be on an individual basis by going to the Bike MS website (<https://secure.nationalmssociety.org>) selecting volunteer and give your information and choose from among the open positions for the various jobs need to make this year's Bike MS a success. Afterwards, let me know how you served so that I can give June the information for Merit Marks.

Mumfest will be held October 12 and 13 so we will need members to man our booth and talk with attendees about America's Boating Club and promote our ABC class. The class will meet October 26 and November 2 with on-the-water training on November 3 if you know of anyone who may be interested. There will be signup sheets for the various time slots at the July 15th and September 16th dinner meetings. Setup of our booth will be Friday October 11th so we need help with that. If I do not get a chairperson, I can use my truck to move the booth and materials to our site. However, because of my back problems I cannot do the light physical work required to set up the booth so I definitely need help with that. If you cannot get to either of the two meetings before Mumfest, you can sign up by calling me at 252-288-4653 or by an email to waynief@hotmail.com. I look forward to seeing you at our meetings or hearing from you regarding how you would like to help.



September 7, 8 2019



**Bike MS volunteers at the
Arapaho Rest Stop in 2018**

Volunteer for the 2019 CLSPS MumFest Booth



Vessel Safety Check program



The Boating Season is still underway so don't be hesitant to talk to one of us. We are still willing and able.

Larry Lovvorn, Chairman Squadron Vessel Safety Program

CLSPS June Dinner Meeting



Cdr Moore presents Vessel Safety Chair, Larry Lovvorn, with the plaque for "Squadron with the Most VSC Inspections for 2018"



Cdr Moore presents P/C Owen Smith with the plaque for "Most VSC Inspections for 2018"



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The Outlook and other great information are available at the CLSPS website:

<http://www.clsps.org>

**District 27 Rendezvous, Edenton, NC
21-23 June**



Dinner at Inner Banks Inn

Left to right: Lt/C Wayne Fretwell, Lt Elaine Lechner, Cdr Jane Moore, Lt/C Linda Whitley, Lt/C Ray Whitley, Lt/C Lloyd Moore



**Cdr Jane Moore and
Lt/C Lloyd Moore with
poster submitted by
CLSPS**

Photos by Cdr Jane Moore



Drowning

The Instinctive Drowning Response, so named by Francesco A. Pia, Ph.D., is what people do to avoid actual or perceived suffocation in the water. And it does not look like most people expect it to. When someone is drowning there is very little splashing, and no waving or yelling or calling for help of any kind. To get an idea of just how quiet and undramatic drowning can be, consider this: It is the number two cause of accidental death in children age 15 and under (just behind vehicle accidents). Of the approximately 750 children who will drown next year, about 375 of them will do so within 25 yards of a parent or other adult. In 10 percent of those drownings, the adult will actually watch them do it, having no idea it is happening.

Drowning does not look like drowning. Dr. Pia, in an article he wrote for the Coast Guard's *On Scene* magazine, described the instinctive drowning response like this:

- Except in rare circumstances, **drowning people are physiologically unable to call out for help.** The respiratory system was designed for breathing. Speech is a secondary or overlaid function. Breathing must be fulfilled before speech occurs.
- **Drowning people's mouths alternately sink below and reappear above the surface of the water.** The mouths of drowning people are not above the surface of the water long enough for them to exhale, inhale

and call out for help. When the drowning people's mouths are above the surface, they exhale and inhale quickly as their mouths start to sink below the surface of the water.

- **Drowning people cannot wave for help.** Nature instinctively forces them to extend their arms laterally and press down on the water's surface. Pressing down on the surface of the water permits drowning people to leverage their bodies so they can lift their mouths out of the water to breathe.
- Throughout the Instinctive Drowning Response, **drowning people cannot voluntarily control their arm movements.** Physiologically, drowning people who are struggling on the surface of the water cannot stop drowning and perform voluntary movements such as waving for help, moving toward a rescuer or reaching out for a piece of rescue equipment.
- From beginning to end of the Instinctive Drowning Response, **people's bodies remain upright in the water, with no evidence of a supporting kick.** Unless rescued by a trained lifeguard, these drowning people can only struggle on the surface of the water from 20 to 60 seconds before submersion occurs. (Source: *On Scene* magazine: Fall 2006 page 14)

This doesn't mean that a person who is yelling for help and thrashing isn't in real trouble — they are experiencing aquatic distress. Not always present before the instinctive drowning response, aquatic distress doesn't last long, but unlike true drowning, these victims can still assist in their own rescue. They can grab lifelines, reach for throw rings, etc.

Look for these other signs of drowning when persons are in the water:

- Head low in the water, mouth at water level
- Head tilted back with mouth open
- Eyes glassy and empty, unable to focus
- Eyes closed
- Hair over forehead or eyes
- Not using legs

- Hyperventilating or gasping
- Trying to swim in a particular direction but not making headway
- Trying to roll over onto the back
- Appears to be climbing an invisible ladder

So, if a crewmember falls overboard and everything looks okay, don't be too sure. Sometimes the most common indication that someone is drowning is that they don't look as if they're drowning. They may just look as if they are treading water and looking up at the deck. One way to be sure? Ask them, "Are you alright?" If they can answer at all, they probably are. If they return a blank stare, you may have less than 30 seconds to get to them. **And parents — children playing in the water make noise. When they get quiet, you need to get to them and find out why.**

Booster Club

Only a small portion (about \$17) of our dues to USPS is returned to the Cape Lookout Squadron. Money collected from our members helps defray the cost of our Dinner Meeting speakers. We need help keeping our books in the Black. Please contribute to the Booster Club. Any amount is helpful, but \$10 per person is a suggested amount.

CLSPS 2019 Booster Club Members

Lloyd & Jane Moore
 Marty & Tiki Warner
 Ray & Linda Whitley
 Owen & Carolyn Smith
 Jim & Sherrie Starr
 Bud & Beverly Ellis
 Dick & Catherine Ewan
 June Reasons
 Wayne Fretwell & Elaine Lechner
 Bill Ash

Happy Birthday to the
Following Members



July

Gagnon, Edward W. — 8 July
 Lechner, Elaine M. — 18 July
 Burget, Robert Dale — 24 July
 Reasons, June D. — 27 July

August

Skrotsky, Robert W. — 7 August
 Stallings III, Robert L. — 12 August
 Leahy, Robert F. — 14 August
 McCulley, Carolyn C. — 17 August
 Oltz, Donald F. — 20 August



Lt/C Ray Whitley with his USPS
Educational Fund Certificate of Merit,
at the June Dinner Meeting

BITTS is the newsletter for District 27 The BITTS is usually published quarterly, and is loaded with information about our District

<http://www.uspsd27.org/newsletter.htm>

**P/C William J. Ash,
SN, H**



BY-PRODUCTS OF MY ATTEMPT TO PROMOTE SAFETY

P/C WILLIAM J. ASH SN, H

Since 1961, I have considered education the top priority of USPS. Everything else is secondary in whatever order you choose to rank them. Picnics, dinners, buffets on the water, tea and crumpets on the foredeck and Long Island Cocktails for the Squadron's hardiest, are all tied for last place. That's the way it was with USPS and that's the way it is. Or is it?

After I published my last article in the *Outlook*, I received responses from persons outside the Squadron (I send copies to interested, experienced (?) mariners who are not members of *Cape Lookout*) and was I surprised at what I read. Fellows and gals, captains and first mates, boat yard workers and boating club members, times have changed. My thinking is not what other thinkers are thinking. Try these responses! Not one came from members of the Squadron.

'Sailboats don't have horns.' 'I've never been on a sailboat that had a horn.' And, another. 'People are not interested in horns and lights, so why write about them?' To these add this. 'Today's boater is not interested in horns, whistles or lights. Aides to navigation are complicated, so don't bother to confuse me at

my stage in life.' So there you go, my good friends. What I thought would be a helpful bit to add to the *Outlook* turned out to be a fizzer. I have some serious decisions to make.

I'm still waiting for my catboat to be repaired and painted. Family Ash missed the milder days of spring during which a fairly comfortable short cruise could be taken. Now, the heat puts a clamp on afternoon sailing; I can't take the direct rays of the sun as I used to, so an early evening sail seems like the best bet. But, since the old cat is still undergoing cosmetics, I need not worry about any of this right now. The engine will be serviced just after we get the nod the boat is ready to be put back in the water.

"Hey, Horatio, I did not expect to see you here today. Good of you to come. I take it your *Lydia* survived the electrical storm we had early this morning. The rain woke me up; in fact I thought it was the wind blowing, but I realized, when I headed for the window to see what was happening, it was rain pouring down outside. Rather odd sensation, it was."

"P/C, we had lightening flashing like you wouldn't believe. It reminded me of some of the battles I'd been in over the years. It would not let up. And I'm happy you suggested the crew putting up the earth, as you called it, so if the lightning struck it would head down into the water. No, no, wait it was a cable leading to ground. I got it now."

"Perhaps I should write an article about lightning protection. Never mind, I'll get responses as, 'In my thirty-seven years of sailing I ain't never got hit by lightning, so don't start now.' Ah, I thought of a good one, 'Estimating the number of gnats swarming on board, while adrift.'"

Squadron Events Calendar

Date	Event	Notes	Contact
15-18 August	On-the-water Activities	More details to follow.	Lt/C Lloyd Moore

For tons of information about what's going on in our own District 27, take a look at their website.

District 27 of the United States Power Squadrons: <http://www.uspsd27.org/>



Cape Lookout Sail & Power Squadron September Dinner Meeting Reservation Form Monday, September 16, 2019



The Chelsea, 335 Middle Street, New Bern, NC
1700 Social Hour 1800 Dinner 1900 Meeting

Program: TBA

Main Course Entrees: TBA

Name: _____ Dinner Choice: _____

Name: _____ Dinner Choice: _____

Number attending _____ x \$25.00 each = Amount enclosed \$ _____

The Chelsea requests the head count and entrée selection by Monday, September 8, so please send your entrée choice and check, made payable to CLSPS, to:

Lt/C Lloyd Moore, 6008 Booty Lane, New Bern, NC 28560, 252-637-5547

Although Lloyd can take phone or email reservations, please remember your reservation is a commitment to attend the dinner and pay for it.

Ships Store

Lt Tandy Hale, P



I NEED YOUR HELP: I have been authorized by the Executive Committee to slash prices on some of our older inventory, those items with the "old" USPS logo must go in order to make room for merchandise with the new logo.

This means that **any shirt** in stock that says 50th Anniversary or has the old logo will sell for half price. That's 50% off the regular prices as shown below **for knit shirts and denim shirts**. Get them while they last!

Knit Shirts: Ladies and men's short sleeve knit shirts were \$30.00 - **NOW \$15**. Sizes 2X and 3X sell for \$33.00 - **NOW \$16.50**

They are available in red, white, navy, and other colors by request.

Sizes: Ladies: S, M, L, XL, 2X, and 3X. Men's: S, M, L, XL, 2X and 3X.

Denim Shirts: Denim cloth shirts come in both short and long sleeves.

They are all priced at \$25.00 - **NOW 1/2 off = \$12.50 each**. Available sizes--same as above.

Squadron Bugee sells for \$25.00.

Pennant magnets are priced at \$5. They can be placed on your vehicle, refrigerator, or potentially anywhere!

Hats and Visors are **ONLY \$10**.

Fleece jackets: Men and Women—sizes: S, M, L, and XL sell for \$42.00 - **NOW \$21.00**; XXL = \$45.00 - **NOW \$22.50**.

Fleece Vest: We have navy, but other colors can be ordered.

Sizes: S, M, L, and XL (Ladies and Men's) sell for \$36.00 - **NOW \$18**. XXL = \$40.00 - **NOW \$20**.

You can contact me at 252-259-0468 (please leave a message if no answer), or email me at

tandy.l.hale@gmail.com.

We have a new logo. **America's Boating Club®** is ready for us to add to our merchandise collections. We can bring in a Squadron shirt and have the America's Boating Club® sewn on the left sleeve for \$9.00 ea. There is a website coming soon where you will be able to place your individual orders for new shirts, vests, hats, decals, etc. The website is time sensitive, so think about some items you would like to order and keep your eyes/ears open for upcoming dates and the link.

Please consider donating to support the families in Eastern NC affected by Hurricane Florence. Many are still without beds, furniture, and ways to cook. Any and all new or gently used items are welcome. 100% of funds will go back to the community!

You may call Tandy Hale: 252-259-0468 or Jasyn Griffith: 252-631-5337 for item drop off and/or pick up. Thank you for your support in rebuilding our community. Craven County Disaster Recovery Alliance

June's Jokes

P/C June Reasons, P



Why Teachers DRINK

The following questions were set in last year's GED examination—These are genuine answers (from 16 year olds)

Q. Name the four seasons?

A. Salt, pepper, mustard and vinegar

Q. How is dew formed?

A. The sun shines down on the leaves and makes them perspire

Q. What guarantees may a mortgage company insist on?

A. If you are buying a house they will insist that you are well endowed

Q. In a democratic society, how important are elections?

A. Very important. Sex can only happen when a male gets an election

Q. What are steroids?

A. Things for keeping carpets still on the stairs (Shoot yourself now, there is little hope)

Q. What happens to your body as you age?

A. When you get old, so do your bowels and you get intercontinental

Q. What happens to a boy when he reaches puberty?

A. He says goodbye to his boyhood and looks forward to his adultery (So true)

Q. What is a seizure?

A. A Roman Emperor. (Julius Seizure, I came, I saw, I had a fit)

Q. What is a terminal illness?

A. When you are sick at the airport. (Irrefutable)

Q. What does the word 'benign' mean?

A. Benign is what you will be after you be eight (brilliant)

Q. What is a turbine?

A. Something an Arab or Shreik wears on his head. Once a Arab boy reaches puberty, he removes his diaper and wraps it around his head. (now we're getting somewhere)

Q. Name a major disease associated with cigarettes?

A. Premature death

Q. What is artificial insemination?

A. When the farmer does it to the bull instead of the cow

Q. How can you delay milk turning sour?

A. Keep it in the cow (Simple, but brilliant)

Q. How are the main 20 parts of the body categorised (e.g. The abdomen)?

A. The body is consisted into 3 parts - the brainium, the borax and the abdominal cavity. The brainium contains the brain, the borax contains the heart and lungs and the abdominal cavity contains the five bowels: A, E, I, O, U.

Q. What is the fibula?

A. A small lie

Q. What does 'varicose' mean?

A. Nearby

Q. What is the most common form of birth control?

A. Most people prevent contraception by wearing a condominium (That would work)

Q. Give the meaning of the term 'Caesarean section'?

A. The caesarean section is a district in Rome

Boat US offers a 50% discount to USPS members. Our Boat US group number is GA80679P and must be used to claim your \$12.50 discount.

Please patronize our advertisers, and be sure to tell them you are from CLSPS and that you saw their ad in The Outlook.

NEW ADDRESS:

Please notify Lloyd Moore (637-5547) Lloyd.moore@suddenlink.net if you have any changes to the information we have on file such as boat information, e-mail or mailing address, birthdays, telephone number etc.

Please provide information to the **Editor by the 20th of the month by e-mail** for the next newsletter. Late items will appear in the next issue of the Outlook. Marty Warner—rwarner4@ec.rr.com

Outlook Editor. Lt Marty Warner
Photos in this issue are by the editor unless noted otherwise

Squadron Vessel Safety Program:

Chairman: Larry Lovvorn, AP
252-672-5200

Vessel Examiners:

Jim Dugan -- 252-637-5314
Dick Ewan -- 252-635-9933
Kyle Hale — 252-969-7818
Tandy Hale — 252-259-0468
Larry Lovvorn -- 252-672-5200
Lloyd Moore -- 252-637-5547
Owen Smith -- 252-444-5420
Rob Thompson -- 252-638-2565

Articles in the Cape Lookout Outlook reflect the opinions of the authors. USPS is not responsible for editorial content. Readers' comments, suggestions, and contributions are welcome. Please contact any of the bridge officers.

Cape Lookout Sail and Power
Squadron
2131 Neuse Cliffs Circle
New Bern, NC 28560-6819

Cape Lookout Sail and Power Squadron
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America's Boating Club

