

United States Power Squadrons®

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The Outlook



Cape Lookout Sail and Power Squadron, District 27

February 2017 Volume 57, Issue 2

CLSPS Website: <http://www.clsps.org>

Upcoming Events:

19-26 February
USPS 2017 Annual Meeting
Orlando, FL

Monday, 6 March, 1900
CLSPS ExComm Mtg
Christ Episcopal Church Library in
the Parish Hall Bldg
Pre-Dinner: Beer Army 1730

Friday-Sunday, 17-19 March
D27 Annual Meeting
DoubleTree, New Bern

Monday, 20 March
March Dinner Meeting
The Chelsea
1700 — Social Hour
1800 — Dinner
1900 — Meeting
Speaker: Travis Graves, Lower
Neuse Riverkeeper
Sign up page 9

April 18
America's Boating Course

Friday-Saturday, April 21-23
Oriental Boat Show
Volunteer!, See page 4

United States Power Squadron's Youth Poster Contest

One hundred eighty students aged 6-11 at the Epiphany School of Global Studies recently competed in the United States Power Squadron's Youth Poster Contest. The contest is intended to increase water safety awareness among our youth. This year's theme was "Make it personal... It's your life... It's your life jacket!"

Six local winners in two age groups were honored and presented with their awards by members of the Cape Lookout Sail & Power Squadron at a ceremony on January 30.



Pictured are :

- Back: Sherrie Starr, Wayne Fretwell, and Elaine Lechner, Cape Lookout Sail & Power Squadron; Jodi Tomboulian, Epiphany Art Teacher
- Front: Contest Winners Bethany Austin, Lucas Gregory, Peyton Raper, Emily Johnson, Emma French, and Anna Salsman

**CAPE LOOKOUT SAIL
AND POWER SQUADRON
BRIDGE**

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Commander

Jim Reynolds, P



I want to thank everyone that attended the Change of Watch and I hope everyone had an enjoyable evening. Once again, I would like to thank everyone that assisted in putting the evening together. Also, I want to extend my sincere appreciation to everyone that participated in making last year productive and enjoyable.

The new Executive Committee and several of the committee chairs have already been to work in planning for this coming year. Jim Starr and our education group have been working to put together an initial scheduling of training. In addition, Jim has been working on an exciting new project with Craven County Community College for some course offerings.

While we are still adding to the events planned for the year, Jane Moore and Paul Manganaro have started posting upcoming events to the calendar on our Website. Other ways to keep current with your CLSPS is our Outlook (which I have to assume you are reading now – thank you Marty!) and Julie Mincey will be spearheading our updates to our Facebook page- <https://www.facebook.com/groups/1660673080878914/> ."



P/C Bill Ash swears in Dr Brent Gill and his wife, Kathy, at the January Annual Meeting

Executive Officer

Lt/C Jane Moore, AP



Thank you for the opportunity to be the Admin Officer this year. I have enjoyed it very much. My thanks to Elaine Fretwell and Linda Whitley for assisting me in meeting planning for our Squadron. It was a team effort with assistance from P/C Lloyd Moore and members of the Bridge to set up for meetings, welcoming members and selling 50/50 raffle tickets. Thank you to Nicole of The Chelsea for her service to our members and to The Chelsea for the delicious meals.

Our Squadron members participated in several different events this year, including a tour of Parker Boats in Havelock, wine tasting at Cravin Wine, and a cooking demonstration class at Spice Bouquet in Kinston. We had a variety of speakers with some of our Squadron members sharing their experience, e.g. Michael Power, guarding the Tomb of the Unknown Soldier, Capt. Joe DiBella, the Cricket II Restoration, Capt. Cody of Sea Tow Morehead City, speaker Carol Young from the Attorney General's office on how to avoid scams and fraud, and P/C Lloyd Moore touring by boat in Ireland and at the January meeting P/C Ed Gagnon's presentation on his recent trip to Cuba.

P/R/C Bill Reasons and P/C June Reasons have been teaching the Operations Training Course to our new members and we thank them for their dedication.

On behalf of the Squadron, thank you to Marty Warner for his fine photography at our events and for his award winning newsletter, The Outlook, keeping the membership informed.

Lt Bill Gewain headed up the boating activities committee and planned several boat trips for the squadron which included a day trip to Cape Lookout and fall colors trip to Pollocksville. Bill and his wife, Sharon, also hosted twenty six members at their home for a

pot-luck and to observe the fireworks for 4th of July.

As Aides to D27 Commander, P/C Moore and I attended the D27 Spring Conference in Atlantic Beach, the District Rendezvous in Washington, NC and the D27 Fall Conference in Greensboro. I attended the Leadership 102 Seminar in Raleigh in January.

We would like to thank Sherrie Starr who chaired the "Make it Personal! It's Your Life... It's Your Lifejacket!" Youth Poster Contest and her committee of P/C Sue Gagnon, P/C Wayne & Elaine Fretwell and Tandy Hale who reviewed over one hundred posters from children age 6 to 11 from the Epiphany School of Global Studies. P/C Fretwell, Elaine and Sherrie presented the three winners from each age group a small monetary gift and certificate of participation on Monday, January 30 during an awards ceremony at the school.

During the year, we have welcomed several new members after taking the ABC Course and/or were recruited by a member: Julie Mincey and Ken Morrison, Tandy & Kyle Hale were reinstated and Brent Gill and prospective members Dan Cashman and Mary Duquette. We also had several Associate members join: Troy & Mary Daugherty of the New River SPS and P/C Charles Stoup, SN of the Susquehannock SPS. As public contact for the Squadron, I have called and emailed Cyber members of USPS to tell them about our Squadron and invited them to attend a meeting.

P/C Jim Starr was instrumental for us to have the COW at the New Bern Country Club on Saturday, 18 February at 5:00 pm for the social. Thank you Jim. D/Lt/C Paula Stewart, AP and her husband, D/Lt David Stewart, AP, from Charlotte Power Squadron will relieved the Bridge and swore in the new Bridge.

In March, members of CLSPS have the opportunity to attend a District 27 Spring Council & Conference. It will be Friday, March 17 and Saturday March 18 at the DoubleTree Hotel here in New Bern. It's an opportunity to meet other Squadron members from across North Carolina. The agenda and registration form is on D27 website www.uspsd27.org. Registration is requested by February 15, please plan to attend.

Education Officer

P/C Jim Starr, JN



There is lots of news from the Education Department this month as our schedule for 2017 comes together. We have courses scheduled, preliminary dates for our 2017 seminar series, and exciting opportunities at the Oriental In-Water Boat Show in April. There are also opportunities to teach a seminar and, potentially, our Seamanship course.

Classes Scheduled

We have scheduled two sessions of America's Boating Course (ABC), beginning on April 18 and October 21. As we did last year, we will be presenting the course in two full-day Saturday sessions, followed by a Sunday afternoon session on the water to put course material into practice. Students learn essential safety information, boat handling techniques, and navigation skills, and earn the NC Boater Education Certificate, which is required for boat operators under the age of twenty-six. New in April is the possibility that we'll be able to add boat handling simulation sessions to the course using USPS's Virtual Trainer. If you know someone who is a candidate for the ABC class, have them contact me.

We have Advanced Piloting (AP) tentatively scheduled to begin September 26, with at least six students already committed. There is interest in a Seamanship class as well. Let me know if you are interested in these classes or any others.

You can find course descriptions at the [Education](#) tab on the CLSPS website.

Seminar Series

We're planning an eight-week seminar series in late spring/early summer. The two-hour seminars will be selected from the list of USPS seminars shown on the [Education](#) tab of our website, and will be offered to the public as well

as CLSPS members. Give me input on what you're interested in having offered and we'll try to accommodate you.

Oriental In-Water Boat Show – Volunteers Needed

As discussed elsewhere in this Outlook issue, we are planning a booth at the [Oriental In-Water Boat Show](#), April 21-23. We expect the USPS [Virtual Trainer](#) to be a major draw at our booth. In addition to regular manning of our booth to talk to people interested in CLSPS, we're going to need a number of members to act as instructors for boat show attendees using the virtual trainer. This will require some prep—contact me or sign up at the March dinner meeting if you're interested. We are also planning another session of our *Essential Knots for Boaters* seminar on Saturday morning at the show. The instructors had a great time last year at this hands-on seminar. Let me know if you want to be an instructor this year.

Instructors Needed

I'm looking for a new Seamanship instructor (or instructors) to replace former SEO and long-time instructor Kurt Weinheimer, who moved to the Charlotte area last fall. If you are interested, give me a call to discuss.

We also need instructors for our seminars. These sessions are just two hours in length, so they require less preparation and a smaller time commitment than one of our advanced or elective courses. If you have expertise in one of the seminar areas and would like to get involved in teaching, I'd love to add you to our instructor roster.



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Vessel Safety Check Program

Boat Smart From The Start with a Free Vessel Safety Check

Introduction

The mission of the Recreational Boating Safety program is to minimize the loss of life, personal injury, property damage and negative environmental impact associated with the use of recreational boats through preventive means. The VSC program supports one of the program's key goals: To improve the demonstrated knowledge, skills, abilities and behaviors of boaters.

The VSC program helps to achieve voluntary compliance with the federal, state and local recreational boating safety laws, particularly regarding the carriage of safety equipment. It also heightens the boaters awareness of safety issues through one-on-one contact by volunteer vessel examiners. The results are not reported to any law enforcement agency.

What Is a Vessel Safety Check

It is a free check of a vessel's equipment for compliance with federal, state and local safety requirements.

Some of the items we check are:

- Proper display of numbers
- Registration/Documentation
- Personal Flotation Devices
- Visual Distress Signals
- Fire Extinguishers
- Ventilation
- Backfire Flame Control
- Sound Producing Devices
- Navigation Lights
- State and Local Requirements
- Overall Vessel Condition

Boating Safety Education

During the Vessel Safety Check the vessel examiner has an opportunity to discuss with a fellow boater the purpose of the marine safety equipment, to clarify various federal, state, and local regulations, to review local boating conditions, to answer any boating-related safety questions and to encourage additional boater education.

Some of the topics are:

- Accident Reporting
- Charts and Aids
- Survival Tips
- Fueling/Fuel management
- Float Plan
- Weather and Sea Conditions
- Safe Boating Classes

**Benefits of a Vessel Safety Check:
A Vessel Safety Check can identify
SAFETY and money saving
opportunities:**

- By preventing citations by meeting federal and state and local safety equipment requirements
- By identifying educational and equipment-related possible boating insurance discounts
- by increasing awareness of safety practices to avoid accidents and costly breakdowns.

A Vessel Safety Check is available from any members of our USPS team listed elsewhere in the Outlook.

We are always welcome to anyone who wants to join our team. So contact Larry Lovvorn to sign up!

**P/C William J. Ash,
SN, H**



AMATEUR THAT I AM

P/C WILLAIM J. ASH SN, H, N2GAH

I was sitting in my study wearing ear phones looking as though I knew all about the complex business of radio. Yes, I was sitting there in front of a radio transceiver; I was wearing ear phones; I was listening to voices coming through my ICOM-736 system and knowing a lot less about amateur radio than I did in 1978 when I earned my first amateur radio license.

The radio business has gotten, for me, much more complicated than I ever dreamed it would be. I'm not a natural when it comes to electronics; my life's work centered upon cells, tissues and organ systems, normal and abnormal. Nevertheless, I sweated through a radio examination, passed it and obtained a novice ticket to transmit radio signals around the globe. Initially, I was permitted to send only Morse code but I labored (four tries) to gain a more prestigious license which permitted me to use voice transmission. I've made countless contacts, mainly from Europe and South America and have enjoyed making friends who have all spoken English. "Ah, P/C, I found you. The cold temperatures are keeping you inside, are they? What is that strange looking gadget you are fiddling with? It looks as though you might be controlling artillery pieces from afar." Hornblower was a brilliant naval warrior but, to be sure, he knew less than I about radio communications.

"Horatio, you are looking at a radio transceiver which receives radio signals so I may listen to someone talking to me from near

and far and, Horatio, it enables me to speak, using this microphone, to the person speaking to me. Complicated, eh? If you look outside you should see the single wire strung between two oak trees and connecting to other wires connecting to the rear of this transceiver. It's called a G5RV antenna. When I speak through this microphone, generated signals move through the antenna out into space at the speed of light (186,282 miles per second) and are received via antennas and receivers or transceivers somewhere on the planet. A person listening may return a message to me and the conversation begins. I know you have never learned anything about this, but maybe someday you might consider having fun with a radio aboard *Lydia*. You would need a license and a battery to operate from your frigate. I have recommended to a number of sailors that they qualify for amateur licenses so they might call for help should an occasion arise. You might accompany me to the next meeting of the local amateur radio club. There you will find radio operators who know much more than I about this artful science, and I'll treat you to dinner which precedes each meeting. How can you lose? Horatio, learning the business of amateur radio is lots of fun. Yes, it requires lots of study, but it is sure worth the effort. And think of all the new friends you will have. Best I get back to my radio."

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Cruising with Cape Lookout Sail & Power Squadron in 2017.

Your cruising committee has put together a tentative schedule of cruises for the upcoming boating season. We tried to have a good selection that would allow members to pick the type of cruise that suits their plans. Some of the cruise destinations can be reached by car, so if you'd rather drive, you can.

More details will be available as we get closer to the dates below, and you'll see the information in this newsletter, and also on a newly-designed page of our website, www.clsps.org.

Cruises:	Sail/power/auto	Anchor/slip	Date	Duration
River Dunes Marina	S+P+A	Slip	May	2 nights
Ocracoke	S+P	Slip/anchor	June 2-4	1-5 nights
New Bern	S+P	slip/anchor	July 4	1-2 nights
Cape Lookout	S+P	anchor	July	1-5 nights
D/27 Rendezvous (Wilmington)	S+P+A	slip	Aug 25-26	3-10 days
Oriental	S+P+A	slip/anchor	anytime	1 day
South River	S+P	anchor	September	1-3 nights
Trent River	P	Wildlife dock	October	1 day

Booster Club

Money collected from the Booster Club helps defray the cost of our Dinner Meeting speakers.

Only a small portion (about \$17) of our dues to USPS is returned to the Cape Lookout Squadron. We need help keeping our books in the Black. Please contribute to the Booster Club. Any amount is helpful, but \$10 per person is a suggested amount

CLSPS 2017 Booster Club Members

Floyd Quisenberry
Bill & June Reasons

**Happy Birthday to
the Following
Members**



February

Parker, Sherry — 4 February
Power, Marty S. — 6 February
Leahy, Pamela R. — 14 February
Collyar Newton A. — 15 February
Gagnon, Susan L. — 23 February
Campbell, Mary E. — 25 February
Reynolds, Susan B. — 27 February
Gewain, Sharon L. — 28 February



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June's Jokes

P/C June Reasons, P



From Old Dr. WooHoo---His views on Diet & Exercise

Q: Doctor, I've heard that cardiovascular exercise can prolong life. Is this true?

A: Heart only good for so many beats, and that it. Don't waste on exercise. Everything wear out eventually. Speeding up heart not make you live longer; it like saying you extend life of car by driving faster. Want to live longer? Take nap.

Q: Should I reduce my alcohol intake?

A: Oh no. Wine made from fruit. Brandy distilled wine, that mean they take water out of fruity bit so you get even more of goodness that way. Beer also made of grain. Bottom up!

Q: How can I calculate my body/fat ratio?

A: Well, if you have body and you have fat, your ratio one to one. If you have two body, your ratio two to one.

Q: What are some of the advantages of participating in a regular exercise program?

A: Can't think of single one, sorry. My philosophy: No pain...good!

Q: Aren't fried foods bad for you?

A: YOU NOT LISTENING! Food fried in vegetable oil. How getting more vegetable be bad?

Q: Will sit-ups help prevent me from getting a little soft around the middle?

A: Oh no! When you exercise muscle, it get bigger. You should only be doing sit-up if you want bigger stomach.

Q: Is chocolate bad for me?

A: You crazy?!? HEL-LO-O!! Cocoa bean! Another vegetable! It best feel-good food around!

Q: Is swimming good for your figure?

A: If swimming good for figure, explain whale to me.

Q: Is getting in shape important for my lifestyle?

A: Hey! 'Round' is shape!

Well... I hope this has cleared up any misconceptions you may have had about food and diets.

And remember:

Life should NOT be a journey to the grave with the intention of arriving safely in an attractive and well-preserved body, but rather to skid in sideways - Chardonnay in one hand - chocolate in the other - body thoroughly used up, totally worn out and screaming "WOO-HOO, what a ride!!"



**Carolina BITTS is the newsletter for District 27
<http://www.uspsd27.org/newsletter.htm>**

The BITTS is usually published quarterly, and is loaded with information about our District

Elected Officers and Elected Committee Chairs—2017-2018:

Bridge

Commander	James Reynolds
Executive Officer	Jane Moore
Admin Officer	Paul Manganaro
Education Office	Jim Starr
Asst. Education Officer	open
Secretary	Linda Whitley
Asst. Secretary	Marty Warner
Treasurer	Ray Whitley

Nominating Committee:

K Wayne Fretwell, Chair
Lloyd Moore

Rules Committee: (3)

Charles Parker
Bill Reasons
Open

Audit Committee: (3)

Richard B Ewan
Lloyd Moore
Open

Executive Committee

Immediate Past
Commander: Michael McCulley
Lloyd Moore
Van Allen Rice
June Reasons
Bill Reasons
Owen Smith

D27 District Nominating Committee

Squadron Representative: Lloyd Moore
Alternate Michael McCulley



Cape Lookout Sail & Power Squadron March Dinner Meeting Reservation Form



Monday, March 20, 2017

The Chelsea, 335 Middle Street, New Bern, NC
1700 Social Hour 1800 Dinner 1900 Meeting

Our Speaker is Travis Graves, Lower Neuse Riverkeeper, Sound Rivers

Dinner will include:

Mixed Green Salad with House Vinaigrette, Dinner Rolls with Butter, Iced Tea, Coffee and Water,
Carrot Cake

Main Course entrée selections are:

1. Beef Tenderloin Shoulder with Barbecue Horseradish Sauce, Garlic Smashed Potatoes and Sautéed Green Beans
2. Sautéed Chicken Breast with Tomato-Basil-Spinach Sauce, Rice Pilaf and Sautéed Green Beans
3. Shrimp Fresca Pasta

Name: _____ Dinner Choice: _____

Name: _____ Dinner Choice: _____

Name: _____ Dinner Choice: _____

Number attending _____ x \$23.50 each = Amount enclosed \$ _____

The Chelsea requests the head count and entrée selection by Monday, March 13, so please send your entree choice and check, made payable to CLSPS, to:

Lt/C Paul Manganaro, 813 Fork Point Rd.Oriental, NC 28571 252 249-0796

Ships Store

Lt Van Allen Rice, AP



Do you need anything from the Ship's Store? What about a new knit shirt? They come in various colors. Ask me and I will show/tell you what is available. Also, we now carry ladies shirts with more of a "v" neck style. There have been requests for this style. See them at the next membership meeting, and see what nice colors they come in. If a burgee is starting to show its age, a new one would probably be most welcome. For any special requests, please don't hesitate to call me (see end of article for contact information).

Knit Shirts: Ladies and men's short sleeve knit shirts are \$30.00. Sizes 2X and 3X sell for \$33.00. They are available in red, white, navy, and other colors by request.

Sizes: Ladies: Sm., Med., Lg., X-Lg., 2X, and 3X.

Men's: Sm., Med., Lg., X-Lg., 2X and 3X.

Denim Shirts: Denim cloth shirts come in both short and long sleeves.

They are priced at \$25.00. Sizes--same as above.

Squadron Burgee sells for \$25.00.

Pennant magnets are priced at \$5.00. They can be placed on your vehicle or used on the refrigerator.

Hats and Visors sell for \$10.00.

Fleece jackets: Men and Women--sizes S, Med, Lg, and X-Lg sell for \$42.00. XXLg sells for \$45.00.

Fleece Vest: We have it in navy, but it can be ordered in other colors.

Sizes S, Med., Lg., and XLg (Ladies and Mens) sell for \$36.00. XXLg sells for \$40.00.

If anyone has any suggestions for other items to be carried in the Ship's Store, please let me know.

You can contact me at 252-631-1220, or email me at varbls@aol.com . If you send an email and I do not contact you in a timely manner, please call me as it might not have gone through.

Pictures from Annual Dinner Meeting, January 23, 2017



Cdr Jim Reynolds thanks our speaker P/C Ed Gagnon, who spoke about his recent trip to Cuba



Larry Lovvorn, Vessel Safety Check Chairman, Paul Manganaro, new Admin Officer, and Julie Muncey, Public Relations Officer



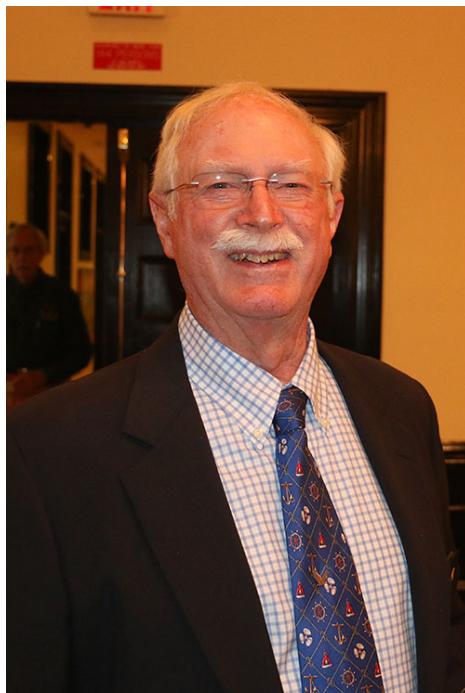
Peter Pagnutti and P/D/C Floyd Quisenberry



Elaine Lechner & P/C Wayne Fretwell



Past Commanders Jewt Collyar & Don Oltz



P/C Dick Ewan



Past Commanders Diana & Rob Thompson



Tiki Warner & P/C Sue Gagnon



Rob & Chris Skrotsky



Dan Cashman & Mary Duquette were sworn in at the Change of Watch



Neal & Val Byrne



Neal Byrne & Charles Parker



For tons of information about what's going on in our own District 27, take a look at their website.

District 27 of the United States Power Squadrons:
<http://www.uspsd27.org/>

Notices:

Boat US offers a 50% discount to USPS members. Our Boat US group number is GA80679P and must be used to claim your \$12.50 discount.

Don't forget to patronize our advertisers, and be sure to tell them you are from CLSPS and that you saw their ad in The Outlook.

NEW ADDRESS:

Please notify Bill Reasons (637-6685 or reasons-usps@suddenlink.net) if you have any changes to the information we have on file such as boat information, e-mail or mailing address, birthdays, telephone number etc.

Please provide information to the **Editor by the 20th of the month by e-mail** for the next newsletter. Late items will appear in the next issue of the Outlook. Marty Warner-
rwarner4@ec.rr.com

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Articles in the Cape Lookout Outlook reflect the opinions of the authors. USPS is not responsible for editorial content. Readers' comments, suggestions, and contributions are welcome. Please contact any of the bridge officers.

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Cape Lookout Sail and Power Squadron
A Unit of the United States Power Squadrons®
District 27
America's Boating Club

